

Picazzo's

HEALTHY • ITALIAN • KITCHEN



BEST
Gluten
-Free
RESTAURANT



NON-GMO

ALLERGY FRIENDLY



Sustainable 
Hand-Crafted Cocktails

PIZZA
PASTA
SALAD



LOCAL
Craft Beer

ORGANIC & FRESH
VEGAN  VEGETARIAN

HEALTHY HOUR DAILY 

SEDONA • ARROWHEAD • SCOTTSDALE
PARADISE VALLEY • TEMPE / CHANDLER

visit us at www.picazzos.com

WHO WE ARE

Picazzo's is an Arizona-based family-owned and operated health-centric restaurant with locations in Sedona, Scottsdale, Tempe, Paradise Valley and Arrowhead. Picazzo's sources clean, whole foods, rich in nutrients, blended with fantastic flavors. We have a fusion approach to a modern-Italian cuisine that sprinkles in the bold flavors of Asian, Mediterranean and even Mexican ingredients, into our menu of salads, entrees, pasta and pizza. We like to call ourselves "Healthitarians"!

STARTERS ^{GF}

Baked Wings

Served with carrot sticks and Omega-3 Ranch.
Choose (1) wing sauce: 13.5

- BBQ Original
- BBQ Maple
- Buffalo
- BBQ Chipotle
- Italian Seasoned
- Spicy Thai Peanut Sauce

Cheese Bread

Scratch-made focaccia baked with mozzarella and a garlic-herb Parmesan. 8.5

Mama's Meat-za Balls

Turkey meatballs, herbed and shaved Parmesan cheeses, organic marinara sauce, basil and house-made focaccia. 13
Add Sriracha slaw. +1.5

Baked Brie

Roasted garlic, sliced, organic Fuji apple & house-made focaccia. 13.5

Hummus Platter

Choose from home-made traditional or jalapeño cranberry or both. Topped with creamy French feta and served with cucumber, Kalamata olives, chips and house-made focaccia. 12.75

Caprese

Fresh Mozzarella, organic tomatoes, basil and fig balsamic vinegar. Served with fresh, house-made focaccia and pesto. 13

Hot Artichoke Spinach Dip

Carrot sticks, artisan cheese and house-made focaccia. 12.5

Avocado Toast

Toasted focaccia with avocado, topped with an arugula salad of olive oil, lemon zest, tomato, almond, feta & fresh cracked pepper. 10

Soups & Small Plates

🔥 Creamy Tomato Basil Bisque Cup 4.5 | Bowl 7.5

Made with organic tomatoes reduced & blended with cream, fresh herbs and spices for a smooth and delicious soup. Slice of Focaccia. Add chicken OR vegan chicken: +2

Italian White Bean & Kale Soup Cup 4.5 | Bowl 7.5

Hearty and healthy house-made, organic Italian white bean & kale soup, with tomatoes, vegetable broth & herb seasoning. Slice of Focaccia. Add chicken OR vegan chicken: +2

Roasted Mixed Veggies

A savory blend of roasted yellow squash, zucchini, snap peas & grape tomatoes, tossed lightly with olive oil & Italian seasonings. 6

🔥 Sriracha Slaw

A creamy slaw that provides a crunchy, spicy kick! 5

NEW! Herb-Roasted Sweet Potatoes OR Roasted Golden Beets

Balanced with a savory blend of herbs and seasonings and roasted to perfection. 5.5

Chilled Quinoa Salad w/ Cumin Vinaigrette

Tossed with cilantro, corn, red bell pepper, red onion & broccoli. 5.5

Gluten-Free Focaccia

Half loaf 3.5 | Whole loaf 6.5

House-Made Daily. Served with olive oil and balsamic vinegar or organic butter. Try our house-infused chile oil to spice up your bread!

Our gluten-free bread is made with Non-GMO rice and tapioca flours, Non-GMO potato starch, Non-GMO sunflower oil, salt, organic sugar, cage-free eggs, yeast & Non-GMO xanthan gum.

FRESH ORGANIC Salads ^{GF}

Salads include a complimentary slice of house-made focaccia upon request.

NEW! Mother Earth

Organic mixed greens blanketed with herb roasted sweet potatoes, apples, roasted golden beets, bean sprouts, candied walnuts and avocado with a vegan avocado honey mustard dressing on the side. (No Substitutions). 12.95

Crunchy Asian Chicken

Chopped romaine, shredded cabbage, heirloom carrots, bean sprouts, cilantro, green onions, sliced almonds, grilled, sliced chicken breast and sesame ginger dressing. 12.95

Chopped Kale

Local organic kale, sliced almonds, dried cranberries and Parmesan, tossed in olive oil, garlic and fresh lemon juice. 11.95

Award-Winning Greek

Organic mixed greens, cucumber, grape tomato, red onion, pepperoncini, Kalamata olive, feta, organic balsamic dressing. 12

Zo's Chopped

Wholesome spinach, avocado, roasted organic corn, black olives, diced tomatoes, quinoa, roasted Macadamia nuts and grilled, sliced chicken breast. Served with a side of creamy Italian dressing. (No substitutions) 12.95

The Berry-licious

Blend of organic spinach and mixed greens, strawberry, feta, sweet walnuts, berry-balsamic dressing. 12.5

Apple & Walnut Gorgonzola

Organic mixed greens, Gorgonzola, roasted, caramelized walnuts, organic apples, raspberry vinaigrette dressing. 12.5

Natural Chopped Italian

Fresh chopped, organic romaine, pepperoni, salami, smoked cherry-wood ham, black olives, pepperoncini, tomato, mozzarella, croutons, classic Italian dressing. 12.95

Heart-Healthy Gourmet

Healthy organic mixed greens, apple, roasted, caramelized walnuts, tomatoes, avocado, Gorgonzola, fig balsamic vinegar dressing. 12.95

Traditional Side Salads

Caesar Salad with house-made GF croutons **OR** Mixed Organic Greens served with your choice of these dressings: Ranch, Balsamic Vinaigrette or Classic Italian. 5.95

Add Chicken or Vegan Chicken: +4.25 (+3 for side salad)
Add Shrimp: +5/4 | Add Avocado: +2.25 | Add Cherry-wood Smoked Bacon +2.75

Picazzo's uses only 100% non-GMO sunflower & Extra Virgin Olive Oils in all house-made dressings. Our produce is also organic when Mother Nature allows.

Heat Identifiers: 🔥 | 🔥🔥 | 🔥🔥🔥

PIZZA

FRESH, HOUSE-MADE DOUGH DAILY

→ Gluten-free pizzas are made in a dedicated GF stone oven. ←

Signature CREATIONS

For more vegan options, please ask to see our 100% vegan menu!

NEW! 🔥 ELOTE

Brushed with a buttery-garlic sauce, mozzarella, corn and red onions, topped with herbed-parmesan and drizzled with a spicy chipotle sauce and fresh cilantro. 18.5 / 28.5

SWEET POTATO PIE

Herb-roasted sweet potatoes, Crimini mushrooms with olive oil and fresh garlic, mozzarella and caramelized onions, topped with fresh, French feta. 18 / 28

MEATY MEATY

Italian sausage, salami, pepperoni, and smoked cherry-wood ham with red sauce and shredded mozzarella. 19 / 29

NEW! BEET & PESTO

Kale pesto, mozzarella, chevre, roasted golden beets and caramelized onions, topped with diced tomatoes, pesto and basil. 19 / 29

BBQ CHICKEN

Traditional BBQ sauce, grilled chicken and mozzarella, topped with chopped green onions & fresh cilantro. Try this with our Chipotle BBQ sauce for a spicy kick! 18.5 / 28.5

VORTEX

Italian sausage, salami, pepperoni, mushroom, black olive, caramelized onion, red sauce, red bell peppers, mozzarella. 21 / 31

CALIFORNIA

Cherry-wood smoked bacon, fresh tomato, Gorgonzola, fresh garlic, olive oil and mozzarella, topped with fresh spinach and California avocado. 19 / 29

PUTTANESCA

Chopped artichoke, feta, Kalamata olives, olive oil, tomato, garlic, basil, mozzarella. 18.5 / 28.5

NAPLES MARGHERITA

Olive oil & fresh garlic with mozzarella, vine-ripened tomatoes and basil. 18 / 24

FIG GORGONZOLA

Chopped figs, caramelized onion, garlic, olive oil, mozzarella & gorgonzola, topped with arugula and drizzled with rich fig balsamic vinegar. 17.5 / 27.5

CHICKEN, BACON & HERBS

Marinated and grilled chicken, Cherry-wood smoked bacon, dried cranberries, olive oil and fresh garlic and mozzarella, topped with fresh, chopped thyme and basil. 19.5 / 29.5

NONNA'S FAVORITE

Tasty combination of olive oil and fresh garlic, tomatoes, mushrooms, Kalamata olives, basil, goat cheese and shredded mozzarella. 18.5 / 28.5

We are dedicated to offering clean foods. Picazzo's uses antibiotic-free poultry and nitrate/nitrite-free meats. We also use cheeses that are RbST, antibiotic-free and free from added hormones.

CREATE

Your Own Pizza

1



1-TOPPING PIZZA 15.5 / 21

2-TOPPING PIZZA 18 / 24

2

CRUST

All pizzas served thin crust with mozzarella.

GLUTEN-FREE ORIGINAL

Our gluten-free dough is made with Non-GMO rice & tapioca flours, Non-GMO potato starch, Non-GMO sunflower oil, salt, organic sugar, cage-free eggs, yeast & Non-GMO xanthan gum.

GLUTEN-FREE VEGAN

Made with the same great, Non-GMO ingredients as our Gluten-Free Original dough, but we remove the eggs & add organic applesauce.

ORGANIC ORIGINAL (Not Gluten-Free)

ORGANIC WHOLE-GRAIN (Not Gluten-Free)

3

SAUCES GF

Pizza's include mozzarella & your choice of sauce:

- Organic Red Sauce
- Olive oil and Garlic
- Organic Barbeque
- Creamy Alfredo +1
- Organic Spicy Red Sauce +1
- Organic Basil Pesto +1
- Vegan Cauliflower & Garlic Alfredo +1

4

TOPPINGS GF

All cheese and proteins are nitrate/nitrite, RbST, antibiotic-free and hormone-free.

TRADITIONAL & CLASSIC: 12" = +\$2.60 ea. / 16" = +\$3.35 ea.

- Ricotta
- Extra Mozzarella
- Salami
- Italian Sausage
- Pepperoni
- Corn
- Red Onions
- Jalapeño
- Pineapple
- Green Olives
- Black Olives
- Green Onions
- Roasted Garlic
- Crimini Mushrooms
- Pepperoncini
- Vine-Ripened Tomatoes
- Grape Tomatoes
- Herb-Roasted Golden Beets
- Herb-Roasted Sweet Potatoes

HERBS: 12" = +\$1 ea. / 16" = +\$1.5 ea.

- Arugula
- Fresh Basil
- Fresh Cilantro
- Fresh Rosemary & Thyme Blend

PREMIUM: 12" = +\$3.35 ea. / 16" = +\$4.10 ea.

- Fresh Mozzarella
- French Feta
- Chevre (Goat Cheese)
- Gorgonzola
- Daiya® Mozzarella
- Anchovies
- Artichoke Hearts
- Shrimp: 12" = +\$4.75 | 16" = +\$6.75
- Cherry-wood Smoked Bacon
- Cherry-wood Smoked Ham
- Chicken
- Turkey Meatballs (home-made)
- Spinach
- Caramelized Onions
- Roasted Red Peppers
- Kalamata Olives
- Avocado
- Chicken-Free CHIK'N Strips
- Vegan house-made MeetBalls

LUNCH *Specials!*

→ We proudly serve lunch 7 days a week from 11am to 3pm! ←

Ala carte ITEMS

PIZZA SLICES

(Please no substitutions.)

Cheese	4.5
Pepperoni	5
Italian sausage	5
Slice of the Week	6
Puttanesca	6
GF Cheese w/ 2 Toppings	6
GF Special Slice of the Week	6
GF Vegan w/ 2 Toppings	6

QUINOA BOWLS

Non-GMO & Gluten-Free

Super Bowl (Served Chilled)	12.95
NEW! Zen Bowl (Served Chilled)	12.95
Spicy Thai Peanut (Served Hot)	12.95
Kale Pesto (Served Hot)	12.95
Buddha Bowl (Served Chilled)	12.95

SOUP OF THE DAY

Cup: 4.5 | Bowl: 7.5

🔥 Creamy Tomato Basil Bisque
Made with organic tomatoes reduced and blended with cream, fresh herbs and spices for a smooth & delicious soup. Slice of focaccia.

Italian White Bean & Kale
Hearty & healthy house-made with Italian white beans, kale, tomatoes, vegetable broth & herb seasoning. Slice of focaccia

Add Chicken or Vegan Chicken: +2

Combo OPTIONS

Lunch combinations include a slice of pizza, pasta or baked dish; salad or soup and beverage.

PIZZA COMBOS

(Please no substitutions.)

Cheese	10
Pepperoni	10.5
Italian sausage	10.5
Slice of the Week	11.5
Puttanesca	11.5
GF Cheese w/ 2 Toppings	11.5
GF Special Slice of the Week	11.5
GF Vegan w/ 2 Toppings	11.5

PASTA

Gluten-Free

Chipotle Chicken w/Brown Rice Penne
Chicken Piccata w/Bigoli
Bigoli and Meatballs
Spicy Thai Peanut Chicken Fusilli
Bianca w/Bigoli
14.5

BAKED DISHES

Gluten-Free

Eggplant Parmesan
Spinach Ricotta Cannelloni
Lasagna Bolognese
14.5

ALL GREAT THINGS TAKE TIME.

Please allow a slight increase in preparation time for these items.

For more vegan options, please ask to see our 100% vegan menu!

SOUP & SALAD COMBO ^{GF}

Served with one of our Organic Soups, House-made GF focaccia & your choice of salad. 11

SALAD COMBO OPTIONS ^{GF}

Traditional Salads (no charge):

CAESAR SALAD

With house-made gluten-free croutons

MIXED ORGANIC GREENS

Served with your choice of these dressings:
Ranch, Balsamic Vinaigrette, Classic Italian

PREMIUM ORGANIC SALADS

Or Upgrade: +2.25

NEW! Mother Earth (No substitutions.)

Crunchy Asian Chicken
Chopped Kale
Zo's Chopped (No substitutions.)
Award-Winning Greek

The Berry-licious

Apple & Walnut Gorgonzola
Natural Chopped Italian
Heart-Healthy Gourmet

Add Chicken or Italian Chopped Meat Mix: +3 | Add Shrimp: +4 | Add Avocado: +2.25

BEVERAGE COMBO OPTIONS

Regular Drinks (no charge):

Fountain Sodas
Organic French Roast Coffee
Iced Tea Flavored Organic
Iced Tea Organic
Hot Tea Organic

PREMIUM DRINKS

Or Upgrade:

Lemonade Organic, House-made	+50
Sparkling Pellegrino 500ml	+1
Fiji Bottled Water 500 ml	+50
C2O Coconut Water 17.5 oz.	+1
Fever Tree Ginger Beer 500 ml (non-alcoholic)	+1

WHAT WE DO

Simply put, we bring people together through food and compassion. We meet the need for quality, healthy dining options for individuals that may have dietary restrictions as well as their guests that do not and we can truly bring everyone together in the same dining experience. Our menu continues to evolve into a plethora of dishes that are vegan, vegetarian, gluten-free and allergy friendly as we continue our quest to source the cleanest, healthiest ingredients we can find.



FRESH + GLUTEN-FREE

Our certified fresh gluten-free pasta has the same al dente texture as traditional pasta.

NEW! Add a side Mixed Greens or Caesar salad to any Pasta for only 5.95 OR a cup of soup for 2.95

ZUCCHINI PRIMAVERA

Fresh, spiralized zucchini noodles, sautéed with kale, grape tomatoes, heirloom carrots and roasted sweet red peppers. Tossed with fresh basil in a creamy cauliflower sauce. 17.95

BIANCA

Marinated and grilled chicken complimented with spinach, creamy Alfredo and mozzarella, tossed with hearty bigoli noodles. 17.95

CHICKEN PICATTA

Fresh bigoli noodles with marinated and grilled chicken sautéed with a lemon-butter caper sauce. 17.5

Make it a Shrimp Scampi: Substitute shrimp for chicken +2

BIGOLI & MEATBALLS

Savory turkey Bolognese & house-made turkey meatballs. 17.5

SESAME GINGER ZOODLES

Fresh, spiralized zucchini noodles sautéed with chicken, red cabbage, bean sprouts, crisp snap peas, carrots, and a house-made sesame ginger sauce. Garnished with fresh cilantro, green onions & sliced almonds. 17.95

🔥 SPICY THAI PEANUT FUSILLI

Fresh fusilli pasta sautéed with heirloom carrots, peas, toasted almonds, grilled chicken, broccoli and a spicy Thai peanut sauce balanced with coconut milk and topped with fresh cilantro. 18.5

🔥🔥 SPICY CHIPOTLE CHICKEN

Brown rice penne sautéed with grilled chicken, roasted red peppers, chili flakes, fresh green onion & a spicy Chipotle Alfredo. 18.5

🔥🔥 SPICY UNCLE LOUIE

Scratch-made spicy Arrabbiata sauce tossed with bigoli noodles, Italian fennel sausage, sweet caramelized onions & roasted red bell peppers. 17.95

PESTO RAVIOLI

Bold, organic Pesto sauce sautéed with a five-cheese ravioli and topped with creamy goat cheese, vine-ripened tomatoes and roasted Macadamia nuts. 18.5

FUN FACT: Bigoli Noodles are long, cylindrical and solid noodles; similar to spaghetti, but slightly thicker.

Heat Identifiers: 🔥 | 🔥🔥 | 🔥🔥🔥

Substitute "Zoodles" for any pasta for no charge.

Substitute five-cheese ravioli in any loose pasta dish above, upon request. +2

QUINOA BOWLS

SERVED WITH FOCACCIA / NON-GMO & GLUTEN-FREE

Super Quinoa Bowl (Served Chilled)

Organic tomatoes, cherry-wood bacon, cucumber, red bell peppers, red cabbage, spinach, quinoa and grilled, sliced chicken breast. Tossed with a raspberry vinaigrette and topped with avocado. 12.95

🔥🔥 Spicy Thai Peanut Quinoa Bowl (Served Hot)

Broccoli, grilled, sliced chicken breast, carrots, red cabbage, peas, quinoa, spicy Thai peanut sauce, coconut milk and chile flakes, topped with Sriracha slaw and fresh cilantro. 12.95

NEW! 🔥 Zen Quinoa Bowl (Served Chilled)

Red cabbage, romaine and quinoa tossed with shredded carrots, cucumbers & a sweet, red Thai chili sauce. Topped with cilantro, bean sprouts, green onions, almonds & seasoned, sautéed shrimp. 12.95

Kale Pesto Quinoa Bowl (Served Hot)

Sautéed kale tossed with grilled, sliced chicken breast, creamy pesto, grape tomatoes and quinoa. Topped with chopped macadamia nuts & creamy French feta. 12.95

Buddha Quinoa Bowl (Served Chilled)

Organic spinach and arugula dressed with olive oil and a cumin vinaigrette & tossed with herb-roasted sweet potatoes & diced tomatoes, topped with a chilled quinoa salad, avocado, sliced almonds, creamy feta & succulent sautéed shrimp. 12.95

Picazzo's supports local farmers and suppliers that offer clean products that impact our health and our planet's footprint. We created a diverse, full menu with tastes and textures that are enhanced with organic, Non-GMO, and seasonal produce. Picazzo's is allergy-friendly! We have identified the 8 most common food allergens in our kitchens and put a LOT of thought and love into creating our menu safely. ❤️

Notice: Please advise your server of any allergies that may be present, as not all ingredients are listed on our menu. For full allergen or nutritional information, please visit www.picazzos.com/nutrition or ask your server.

hot comfort dishes^{GF}

NEW! Add a side Mixed Greens or Caesar salad to any Hot Comfort Dish for only 5.95 OR a cup of soup for 2.95

Served with house-made focaccia and a choice of one side. Choose from: Herb-roasted sweet potatoes OR Golden Beets | Chilled quinoa salad with a cumin vinaigrette | House-roasted veggie mix of yellow squash, zucchini, snap peas and grape tomatoes, lightly coated with olive oil & Italian seasonings.

CHICKEN PARMESAN

Classic GF breaded, tender baked chicken breast with mozzarella and marinara, served over fresh bigoli pasta. 21.5

EGGPLANT PARMESAN

GF breaded and baked eggplant slices stacked and layered with mozzarella, ricotta, Parmesan herb blend and marinara. 18.5

LASAGNA BOLOGNESE

Fresh lasagna noodles layered with mozzarella, ricotta, our Parmesan herb blend, marinara & our house-made, savory turkey Bolognese. 19.5

TUSCAN CHICKEN BREAST

Tender baked chicken breast enhanced with fresh thyme & rosemary, a lemon-butter sauce and grape tomatoes roasted in a balsamic reduction. Served over a bed of arugula, lightly tossed in olive oil and garlic. 21.5

TRUFFLE MAC & CHEESE

Our house-made creamy baked mac & cheese fusilli with crimini mushrooms and truffle oil under a toasted blend of Parmesan herb breadcrumbs. 17.95

SPINACH RICOTTA CANNELLONI

Cannelloni stuffed with a delicious blend of ricotta, mozzarella and Parmesan cheeses, spinach and baked under mozzarella and choice of 1) Marinara or 2) Alfredo. 18.5

CLASSIC MAC & CHEESE

Our house-made creamy baked mac & cheese fusilli with a bold cherry-wood smoked bacon under a toasted blend of Parmesan herb breadcrumbs. 16.95

NEW! HERB-ROASTED CAULIFLOWER STEAK

Thick cut cauliflower steak marinated in Italian herbs & then roasted to tender perfection Served over a bed of quinoa and drizzled with a house-made kale pesto sauce. 19.5

BEVERAGES

Lemonade, Organic House-Made 3.50	Sparkling Pellegrino, 500 ml 4.25	Fever Tree Ginger Beer, 500 ml, 4.25
C ₂ O Coconut Water, 17.5 oz. 3.95	Fountain Sodas 3.25	(non-alcoholic)
Fiji Bottled Water, 500 ml 3.25	Organic Locally-Roasted Coffee 3.25	Tea, Organic Iced, Flavored Iced, or Flavored Hot. 3.25

OUR PRODUCTS

We source 95% organic produce to bring the cleanest, pesticide-free fruits and vegetables to each plate. Studies have shown that polyphenols and antioxidants were greater in organic than conventional foods and we make every effort to follow through on our commitment of healthy foods. We work with local farmers and suppliers to bring fresh and healthy ingredients to our establishment, while trimming the carbon footprint.

We source NAE (No Antibiotics Ever), hormone-free and American Humane Certified™ chicken wings and breast, as well as nitrate/nitrite free meats such as our sausage from Polidori, a certified green company.

Our sauces and dressings are made from scratch using organic spices and non-GMO sunflower and imported olive oils.

In addition to our main menu, we offer a separate menu that is 100% vegan with offerings of salads, entrées, pasta, pizza and desserts using brands that support the plant-based diet, such as Follow Your Heart, Daiya and Beyond Meat.

Are you a Healthitarian?

HEALTH · I · TAR · I · AN

/helth-ə-'ter-ē-ən/

[noun]

1. A person that enjoys a healthy lifestyle of nourishing the body with health-centric foods and supporting healthy habits.

2. An advocate for positive health, mentally, physically, spiritually and emotionally.

Join us in the movement of becoming healthitarian's and changing the way we source, prepare and eat foods!